

Good Evening

Batch Cooking Menu

Home cooked food made to order in small batches for fridge/freezer, using locally sourced fresh ingredients for healthy eating and full flavour.

Doorstep delivery to Epsom area only. Collection also available.

Please order by Wednesday evenings for delivery/collection Friday same week

Minimum order £30

Main Meat Dishes

- | | |
|--|---------------|
| * FR Chicken Punjabi | £10.95 |
| Classic homemade Punjabi chicken, cooked in an onion base sauce | |
| * FR Chicken Jalfrezi | £10.95 |
| Chicken cooked with onions, red peppers, tomatoes & chillies | |
| *FR Chicken Korma | £8.95 |
| Chicken cooked in a mild creamy coconut and yogurt sauce | |
| *FR Chicken Tikka Masala | £10.95 |
| An old favourite. Chicken cooked in a creamy, spicy tomato sauce | |
| * FR Spicy Lamb | £12.95 |
| Slow cooked lamb shoulder cooked on the bone in an onion and tomato sauce. Bone can be removed on request. | |
| * FR Keema & Peas | £8.75 |
| Lamb mince with peas great served in wraps with natural yogurt | |

Meats in marinades

I also offer **uncooked**, marinated in my homemade special sauce, **tandoori** chicken skewers and salmon fillets ready for your freezer.

- | | |
|---|--------------|
| * FR Uncooked Tandoori Chicken Skewers x 2 | £9.00 |
| Marinated in my homemade special sauce, these delicious skewers are ready for your freezer. Each chicken skewer is enough for one as a main meal when served with salad, vegetables or rice. The chicken is marinated twice in two different marinades which makes the chicken more tender. | |

Main Fish Dishes

- | | |
|---|---------------|
| * FR Sweet & Sour King Prawn | £12.95 |
| Cooked in a spicy sauce with tomato, onions, tamarind & curry leaves. | |
| * FR Uncooked Tandoori Salmon fillets x 2 | £10.00 |

These succulent salmon fillets are much bigger than what you get in the supermarkets and each piece enough for a main meal when served with salad, vegetables or rice.

Main Vegetarian Dishes

| | |
|--|---------------|
| Wild Mushroom, Pea & Cashew Biryani | £10.25 |
| Exotic mushrooms cooked with peas, cashew nuts and a delicious mushroom sauce. | |
| * FR Saag Paneer | £8.95 |
| Paneer cheese cooked in spinach, mustard and fenugreek leaves. | |
| * FR Aubergine & Red Peppers & potatoes | £7.45 |
| Smoked mashed aubergines cooked in tomato & onion with potatoes and red peppers. | |
| * FR Cauliflower & Peas | £7.45 |
| A slightly spicy sweet dry dish also delicious served in wraps. | |
| Saag Aloo | £7.45 |
| Bombay potatoes cooked in spinach & fenugreek | |
| * FR Tarka Dal | £7.45 |
| Spinach and red lentils in garlic and spices. | |
| * FR Rice | |
| Steamed Rice | £2.95 |
| Plain Pilau Rice | £3.25 |
| Pea Pilau Rice | £3.25 |

** FR = Suitable for freezing use within 3 months.*

*** New Introductory offer ***

Street Food Boxes for two people sharing **£30.00**

Option one - Beef Samosas, tandoori chicken, lamb kebabs, aubergine & onion Pakoras, Baby poppadom's & dips.

Option two - Veggie Samosas, tandoori salmon, Saag Paneer Puffs, aubergine & onion Pakoras, Baby poppadom's & dips.

If you would like your dishes extra spicy please inform me when ordering

*Please notify me if you have any food **allergies or intolerances**. I can cater for all your personal requirements, please contact to discuss **Tel: 07986 704 759***

10% discount on all orders for NHS workers. ID required.